



Week 27

Daily Lunch Menu Schedule

April 2024

Monday 04/01		Tuesday 04/02		Wednesday 04/03		Thursday 04/04		Friday 04/05	
Scoop Size		Scoop Size		Scoop Size		Scoop Size		Scoop Size	
3 Oz	Pollo con Calabaza	3 Ea	Chicken Strips	3 oz	Pasta w/ Meat Sauce	6 Ea	Mini Corn Dogs	#8	Apple Chicken Salad
#12	Fluffy Rice	#12	Green Peas	#8	Roasted Potatoes	#10	Seasoned Corn	#10	Coleslaw Salad
#8	Roasted Broccoli	#8	Coin Carrots	#12	Capri Blend Vegetables	#12	Peas & Carrots	#12	Corn & Black Bean Salad
1 Ea	Wheat Bread	1 Ea	w/ Ketchup	1 Ea	Wheat Bread	1 Ea	Mustard PC	2 Ea	Saltine Crackers
1 Ea	Fresh Fruit	1 Ea	Nutty Buddy	1 Ea	Fresh Fruit	1 Ea	Vanilla Pudding	1 Ea	Yogurt
1 Ea	Milk	1 Ea	Milk	1 Ea	Milk	1 Ea	Milk	1 Ea	Milk

MENU SUBJECT TO CHANGE DUE TO PRODUCT AVAILABILITY

The above menu meets the current DRI's and Adequate Intake (AI) of the US Dietary Guidelines for American with a minimum of 33.4% RDA as established by the Food and Nutrition Board of the Institute of Medicine of the National Academy of Sciences. Menu adheres to basic rationals of Regular, High Fiber, Low Salt, Low Fat/Cholesterol, Low Sugar Diet.

Milk is 1% and all fruits are in Natural Juice or are Fresh. Frozen Meals Plan Menu for Saturday and Sunday will vary and meet the RDA and DRI requirements.

Approved By: _____ *Joyce Lamilla, RD/LD*

Date: September 1, 2023



Week 28

Daily Lunch Menu Schedule

April 2024

Monday 04/08		Tuesday 04/09		Wednesday 04/10		Thursday 04/11		Friday 04/12	
Scoop Size		Scoop Size		Scoop Size		Scoop Size		Scoop Size	
1 Ea	Rosemary Chicken	3 Ea	Meatballs w/ Marinara Sauce	3 Oz	Pulled Smoked Brisket	1 Ea	Breaded Chicken Patty	4 Ea	Mini Beef Taquitos
#8	California Blend	#8	Spaghetti w/ Peas	#12	Baked Beans	#12	Seasoned Corn	#10	Refried Beans
#12	Garlic Green Beans	#12	Capri Blend	#8	Roasted Potatoes	#10	Green Peas	#12	Mexican Rice
1 Ea	Wheat Bread	1 Ea	Wheat Bread	1 Ea	Wheat Bread	#20	Gravy	1 Ea	Sour Cream
1 Ea	Fresh Fruit	1 Ea	Applesauce	1 Ea	Fresh Fruit	1 Ea	Fudge Round Cookie	1 Ea	Gelatin
1 Ea	Milk	1 Ea	Milk	1 Ea	Milk	1 Ea	Milk	1 Ea	Milk

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Approved By: _____ *Joyce Lamilla, RD/LD*

Date: September 1, 2023



Week 29

Daily Lunch Menu Schedule

April 2024

Monday 04/15		Tuesday 04/16		Wednesday 04/17		Thursday 04/18		Friday 04/19	
Scoop Size		Scoop Size		Scoop Size		Scoop Size		Scoop Size	
1 Ea	BBQ Pork Rib	2 Ea	Chicken Tenders	3 Oz	Carne Guisada	1 Ea	Breaded Pork Patty	#8	Turkey Italian Pasta Salad
#12	Mashed Potatoes	#10	Black Beans w/ Onion	#12	Mexican Rice	#12	Seasoned Corn	#10	Pineapple Carrot Salad
#8	Buttered Green Beans	#12	Green Peas	#8	Roasted Carrots	#10	Peas & Carrots	#12	Salad Mix w/ Ranch Dressing
1 Ea	Wheat Bread	1 Ea	Ketchup	1 Ea	Wheat Bread	#20	Gravy	2 ct.	LS Saltine Crackers
1 Ea	Fresh Fruit	1 Ea	Chocolate Chip Cookie	1 Ea	Fresh Fruit	1 Ea	Cheese on Cheese Crackers	1 Ea	Graham Crackers
1 Ea	Milk	1 Ea	Milk	1 Ea	Milk	1 Ea	Milk	1 Ea	Milk

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Approved By: _____ *Joyce Lamilla, RD/LD*

Date: September 1, 2023



Week 30

Daily Lunch Menu Schedule

April 2024

Monday 04/22		Tuesday 04/23		Wednesday 04/24		Thursday 04/25		Friday 04/26	
Scoop Size		Scoop Size		Scoop Size		Scoop Size		Scoop Size	
3 Oz	Chicken Fajita	1 Ea	Beef & Chicken Patty	3 Oz	Creamy Garlic Parmesan Chicken	3 Ea	Beef Fingers	1 Ea	Chicken Parm
#10	Mexican Rice	#10	Coin Carrots	#12	Cavatappi Pasta	#12	Corn & Peppers	#10	Mashed Potatoes
#12	Roasted Potatoes	#12	Campesino Vegetables	#8	Roasted Broccoli	#10	Ranchero Beans	#12	Fiesta Corn
1 Ea	Wheat Bread	1 Ea	Wheat Bread	1 Ea	Wheat Bread	#20	Gravy	#20	Marinara Sauce
1 Ea	Fresh Fruit	1 Ea	Cheez-Its	1 Ea	Fresh Fruit	1 Ea	Oatmeal Crème Pie	1 Ea	Fruit Cup
1 Ea	Milk	1 Ea	Milk	1 Ea	Milk	1 Ea	Milk	1 Ea	Milk

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Milk is 1% and all fruits are in Natural Juice or are Fresh. Frozen Meals Plan Menu for Saturday and Sunday will vary and meet the RDA and DRI requirements.

Approved By: _____ *Joyce Lamilla, RD/LD*

Date: September 1, 2023



Week 31

Daily Lunch Menu Schedule

April & May 2024

Monday 04/29		Tuesday 04/30		Wednesday 05/01		Thursday 05/02		Friday 05/03	
Scoop Size		Scoop Size		Scoop Size		Scoop Size		Scoop Size	
3 oz	Ground Turkey Picadillo w/ Chickpeas	1 Ea	Salisbury Steak	3 Oz	Arroz con Pollo	3 Ea	Fish Sticks	#8	Vegetable Chicken Salad
#12	Roasted Carrots	#8	Capri Blend	#12	Peas & Carrots	#12	Sweet Potato	#10	Potato Salad
#8	Green Beans	#12	Black Beans	#8	Roasted Potatoes	#8	Italian Green Beans	#12	Salad Mix w/ Italian Dressing
1 Ea	Wheat Bread	1 Ea	Wheat Bread	1 Ea	Wheat Bread	1 Ea	Tartar Sauce	2 Ct	Saltine Crackers
1 Ea	Fresh Fruit	1 Ea	Nutty Buddy	1 Ea	Fresh Fruit	1 Ea	Cheese Goldfish	1 Ea	Fruit Cup
1 Ea	Milk	1 Ea	Milk	1 Ea	Milk	1 Ea	Milk	1 Ea	Milk

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Milk is 1% and all fruits are in Natural Juice or are Fresh. Frozen Meals Plan Menu for Saturday and Sunday will vary and meet the RDA and DRI requirements.

Approved By: _____ *Joyce Lamilla, RD/ND*

Date: September 1, 2023